

**Introduction:** A 53-year-old female patient presented with a history of migraine-type, intense headaches, “dizziness” and “eyestrain” that began approximately 7 months ago. A relationship was noted between her migraines and vision.

**Methods:** The patient was evaluated utilizing osteopathic manipulative therapy (OMT) and cranial therapy for meningeal and sutural stress patterns with glasses on and off, and eyes opened and closed.

**Treatment:** Osteopathic manipulative therapy (OMT) to the full body and cranium was applied with the patient’s eyes opened, closed, and glasses on and off. Modifications were made to the optometric prescription and eyeglasses to optimize body and cranial function as well as to reduce headache/migraines.

**Results:** The patient noted considerable relief in her eyestrain and physical tension with the new eyeglass prescription and noticed that her entire body felt relaxed and that the pressure in her head had disappeared.

**Conclusion:** This case study illustrates that a subset of patients may present with a clinical condition that either affects vision or the vision affects the condition called a visual somatic strain. This illustrates how collaborative efforts might be made to develop co-treatment opportunities between osteopaths, chiropractors, ophthalmologists, and other allied professionals.