

Thompson JE, Bockhold H, Blum CL. Utilizing sacro occipital technique chiropractic methodologies on an equine: A case report. 2nd Annual Sacro Occipital Technique Research Conference Proceedings: New Orleans, LA. 2010: 150-2.

Introduction: Chiropractic care in the field of veterinary medicine is something that has taken place for years although with limited research.

Case Report: A 12-year-old Dutch Warm Blood began having shortness of breath during work as a level 3 Dressage competitor. She was diagnosed with a sinus infection and treated multiple times with different antibiotics. She could not perform due to her condition.

Methods and Intervention: Occipital Fibers were analyzed on a 12-year-old Dutch Warm Blood and their relationship to corresponding spinal levels was verified. Chiropractic manipulative reflex techniques (CMRT) were used including lung massage, intercostal massage and a diaphragm release.

Results: Following the occipital fiber analysis and CMRT the horse took a deep breath of air and began to relax. The occipital fiber was no longer swollen and boggy. Thirty-hours post treatment the horse threw her head one more time and a large amount of dark thick mucus came out of her mouth and nose and five-days post treatment the horse was put back into work.

Conclusion: Due to these findings it is reasonable to assume that further investigation into the use of OFT and CMRT for equines and possibly other animals is warranted.