

Jaudy GS, Blum CL. Fibromyalgia syndrome, trauma induced, and sacro occipital technique: A case report. 1st Annual Sacro Occipital Technique Research Conference Proceedings: Las Vegas, NV. 2009:44-7.

Introduction: Recent findings have indicated that there may be non-pharmaceutical approaches to the treatment of fibromyalgia syndrome and its myriad of symptoms.

Case Report: A 49-year-old patient diagnosed with a severe debilitating fibromyalgia syndrome, multiple gastrointestinal disorders, and headaches all determined to had been triggered by a trauma persisting for 8 years.

Methods/Interventions: SOT protocols and neurology analysis were used on the patient. At the initiation of the treatment the patient was treated for pain control utilizing category three procedures focused on L4/L5 and L5/S1 discopathy, piriformis and psoas balancing, category two sacroiliac hypermobility and cranial TMJ procedures.

Results: The patient reported significant relief of her chronic lower back and lower extremity pain following her first visit and following each procedure the patient reported marked reduction in her migratory pains. By three months of care her symptoms had resolved and she had returned to her activities of daily living as she had prior to the 2002 airplane incident.

Conclusion: This patient presented with a severe form of fibromyalgia syndrome triggered by a stress response associated with air travel. It may be that specific subsets of patients may respond to non-pharmaceutical interventions such as chiropractic care and in particular SOT with its integrative therapeutic applications. (This is an abstract from a research conference presentation only and does not represent a full work that has been peer reviewed and accepted for publication.)