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Dural port therapy

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Abstract

Introduction

Dural port therapy (DPT) is a chiropractic procedure which can be used effectively with Sacro-Occipital Technique (SOT) procedures and which uses the sacrum as a lever to influence and balance the spine and cranium by way of the meningeal system.

Discussion

Rationale and research is presented to explain the basis behind DPT's method of affecting the craniospinal system and its relationship to the meninges. Though the procedure can be used with most conditions, DPT appears to be safe to use with osteoporotic conditions, fractured vertebrae, and other conditions where a “thrust” to the spine may be contraindicated. Basic methods of using DPT are presented along with alternative methods which can be applied when the basic methods are not sufficient.

Conclusion

DPT reduces sacral, spinal, and cranial dura meningeal tension, lesions, torque and stress, as well as dural sleeve vasomotor interference. The possibility that the doctor can influence the nervous system directly in such a powerful manner warrants further investigation.

Key Words: MeSH: Chiropractic Manipulation, Nervous System, Non-MeSH: Sacro-Occipital Technique, Craniosacral Adjusting, Meningeal Tension, Dural Port Therapy

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